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TAKING THE $1.75 A DAY CHALLENGE? THIS LINGUINE RAGOUT RECIPE IS DELICIOUS AND ACCESSIBLE ON EVEN THE STRICTEST OF BUDGETS

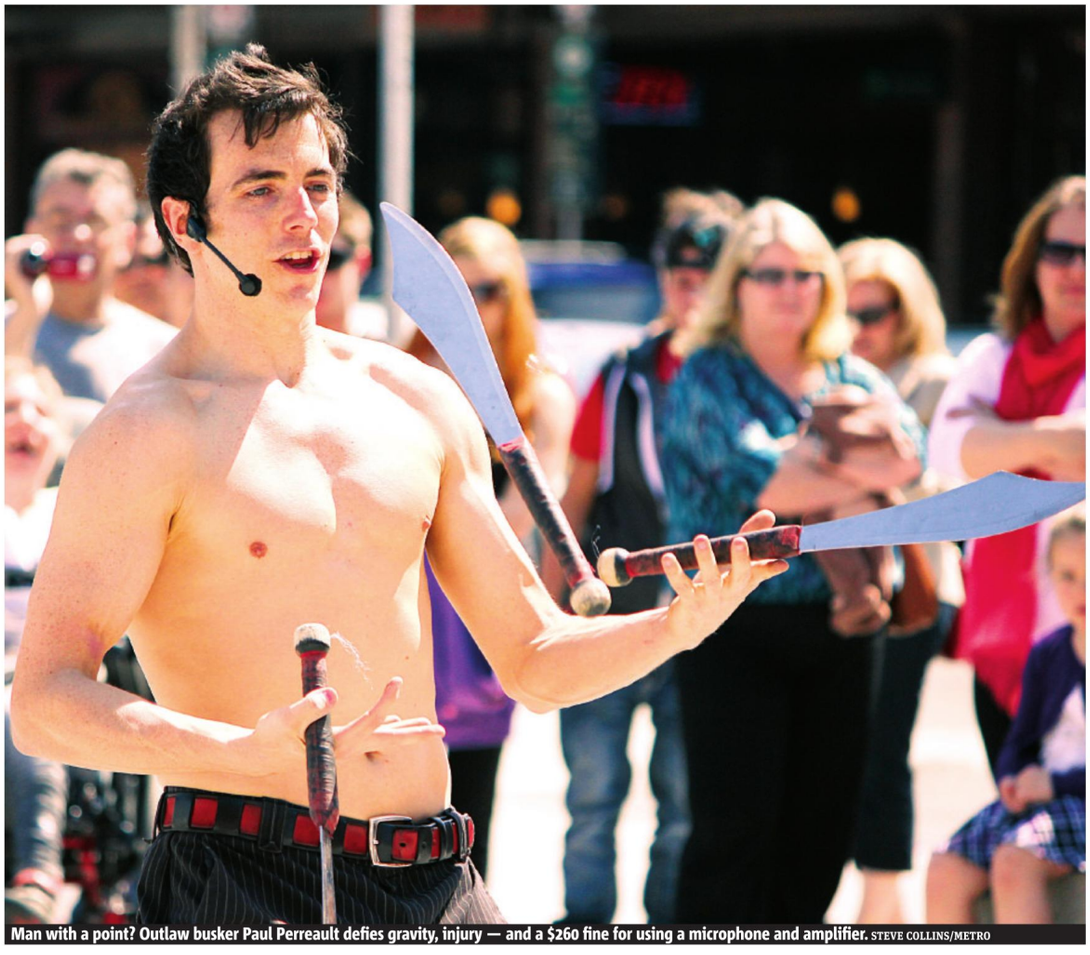
PAGE 13

Rescue efforts stalled by fire

Flames break out at collapsed Bangladesh building hours after owner captured trying to flee PAGE 5

Tragic tales In the Playroom

Ottawa artist recreates scenes of death and destruction with child models PAGE 6



Man with a point? Outlaw busker Paul Perreault defies gravity, injury — and a $260 fine for using a microphone and amplifier. STEVE COLLINS/METRO

Busker breaks bylaw rather than voice

ByWard Market. Medical condition makes microphone a necessity, street performer says

STEVE COLLINS
ottawa@metronews.ca

Paul Perreault juggles knives, executes backflips and flouts city bylaws with the greatest of ease.

"I just did something illegal and I had, like, 300 witnesses," the ByWard Market busker said after a performance Sunday, "and they all had a great time."

Perreault's offence was using a microphone to amplify his voice. There's nothing wrong with playing recorded music, but once he uses the PA system to broadcast his own voice, he's breaking a bylaw enforced in the city since 2010.

Compliance led to injury

Perreault says he's tried to comply with the bylaw but ended up injuring himself by shouting, even coughing up blood.

- He was diagnosed with "acute chest wall strain" and carries a doctor's note recommending he use a microphone.

"It makes no sense that we can project our music at 100 decibels, which is what mine does at full blast, and that I can't use my voice with the same machine ... at the same volume. One source is legal and one's illegal," he said.

He says he got a warning from a bylaw officer after he broke out his mic for a performance on Easter Sunday, but with no enforcement in sight yesterday, he seemed to have evaded authorities.

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Pledges and hope of a cure spur MS walkers on

Ottawa. Some $250,000 raised so far, and a month still left to break $300,000 goal

SEAN MCKIBBON
sean.mckibbon@metronews.ca

As the sun rose on what we all hope is spring for real this time, more than 1,100 people gathered at Tunney's Pasture for the 22nd annual Mandarin MS Walk and perhaps there was an added spring in everyone's step, and not just because of the nice weather.

"This is a really exciting time for MS research," said Nicole Baker, a spokesperson for the walk.

Recent reports suggest University of Ottawa researchers have found success in stopping the progression of multiple sclerosis by wiping out the immune systems of sufferers and then restoring them through a type of bone-marrow transplant. The research is just one of many initiatives supported by the MS Society of Canada.

The local chapter is hoping to raise more than $300,000, which is last year's total. Fundraising for Sunday's event will continue until May 28.

Nancy Burwash, who was diagnosed with MS in 1981, told the crowd her first wheelchair was a loner from the MS Society and since then she's had help from them with everything from getting a hospital bed for her home to companionship and social outings.

Tom Vice, the chair of the local chapter, said there are more than 1,500 people like Burwash who are supported by the MS Society and by the MS Walk participants.

Runners set out from Tunney's Pasture Sunday on a new running component of the annual MS Walk. SEAN MCKIBBON/METRO

"It's through events like this that we are getting closer to finding a cure for MS," CTV news reporter and event MC Vanessa Lee told a cheering crowd of supporters before the walkathon.

Yes you can, We Day speaker tells students

Spencer West speaks at We Day.
MICHAEL RAJZMAN/CONTRIBUTED

Lots of people will tell you that you can't do things or you'll never amount to anything, but don't listen to them, says Spencer West.

"Anything is possible. You just have to try," said West, who despite losing his legs to a congenital illness as a child, climbed Mount Kilimanjaro last year.

West will be one of several speakers who will attend National We Day at the Robert Guertin Arena in Gatineau Monday, where 4,000 supporters, students and educators from 130 schools across Ontario will gather to hear motivational speeches about youth empowerment and philanthropy.

West knows all about overcoming negative messages. He was born with sacral agenesis, a congenital disease, which he said "caused the muscles in my legs not to work." As a child he had to undergo two leg amputations to deal with the effects of the disease.

But his parents treated him just like everyone else, he said. He grew up, he got a job and in 2008 he joined a development project in the Maasai Mara region of Kenya run by Craig Kielburger's Free the Children foundation. West helped build a school in a rural community there. And it was there, he said, while talking to kids, that he realized he could use his own personal story to inspire others and teach children about perseverance.

Inspired by the development project and the adversity some people in Africa were overcoming, he decided to join Free the Children and become a motivational speaker. He said children can apply the same perseverance to make changes for the better.

"If I can overcome adversity, anyone can," said West.

SEAN MCKIBBON/METRO

Other speakers

- Martin Sheen
- Chief Shawn Atleo
- Kardinal Offishall
- Karl Wolf
- Shawn Desman
- Annie Clark, Sam Earl, and Jacob Neayem (Degrassi Cast members)

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Stolen for scrap? Police lay charges in mass theft of minivans, other vehicles

The mystery of why minivans have become a popular target of local thieves may have been answered Friday with the arrest of a man charged with stealing some 100 vehicles in the city — many of them older vans.

Police allege 25-year-old Danny Schneider and a ring of six accomplices stole the vehicles between May and October 2012. They were sold and broken down for the value of their recyclable metal.

"On average, they get about $300, $400 for a vehicle of that size," says the leader of the Ottawa Police organized auto-theft unit, who wished to remain nameless due to his plain-clothes investigation work.

"In my own personal experience in the last three years, it's the highest volume of vehicles," he says, indicating the gang may represent the largest auto-theft ring the city has seen.

"Some days we had upward of four or five vehicles going in at the same time."

He added the thieves could bring in $1,500 to $2,000 in a single day by taking the vehicles to scrap-metal yards.

Police began their investigation in September 2012, after a company spotted a vehicle stolen from them at a recycling facility. GRAHAM LANKTREE/METRO

Allegations

Six men and one woman between the ages of 24 and 41 were allegedly involved.

- **Charges.** The rap sheet for the group includes 84 charges. Among the most serious are theft, possession of property obtained by crime, laundering the proceeds of crime and conspiracy to commit an indictable offence.
- **Heavy metal.** Danny Schneider also faces charges for the theft of a Bobcat loader.

Arrest made following hours-long standoff

Police reportedly arrested a man under the Mental Health Act after blocking off access to a small neighbourhood in Greely in Ottawa's south end for several hours on Sunday. Reports of the arrest came around 6:20 p.m. A cordon of police cars blocked off access to Stage Coach Road near Vista Patrick Private, Teena Colleen Private and Vista Tara Private. Ottawa police Staff Sgt. David Spicer said around 4:30 p.m. that the call was "medical in nature" but would not elaborate. Neighbours said police had been in a standoff with a person inside a home for hours. They said SWAT team vehicles and paramedics were also on scene. CONNIE PFITZER/METRO

No injuries

Cops investigate sound of gunfire

Police are seeking information on gunshots heard near Heron Road and Finn Court Saturday, reported at approximately 3:40 p.m.
STEVE COLLINS/FOR METRO

Two-vehicle collision

Mother and son injured in crash

Firefighters needed to dismantle a car to extricate a woman and her son, 8, after a collision at Innes Road and Page. Both were listed as stable in hospital.
STEVE COLLINS/FOR METRO

Hurtled into ditch

ATV crash puts man in hospital

A 58-year-old man suffered abdominal and leg injuries after crashing his ATV in the area of Rockdale Road Saturday. He was listed as being in serious condition.
STEVE COLLINS/FOR METRO

Fire breaks out amid rescue efforts at factory in Bangladesh

Collapsed garment plant. As rescuers were trying to cut through a steel rod to reach a woman in the rubble, fire broke out

A fire broke out late Sunday in the wreckage of the garment factory that collapsed last week in Bangladesh, with smoke pouring from the piles of shattered concrete and some of the rescue efforts were forced to stop.

The fire came four days after the collapse, as rescuers were trying to free a woman they found trapped in the rubble. The flames broke out when sparks were generated by those rescuers trying to cut through a steel rod to reach the woman, said a volunteer rescuer, Syed Al-Amin Roman. At least three rescue workers were injured in the fire, he said.

Rescuers have retreated from the part of the wreckage where the fire erupted, but were still trying to reach any possible survivors in other parts of the destroyed eight-storey building.

Firefighters were frantically hosing down the flames.

"Hopefully we will be able to control it," said Brig. Gen. Mohammed Siddiqul Alam Shikder, who is overseeing rescue operations.

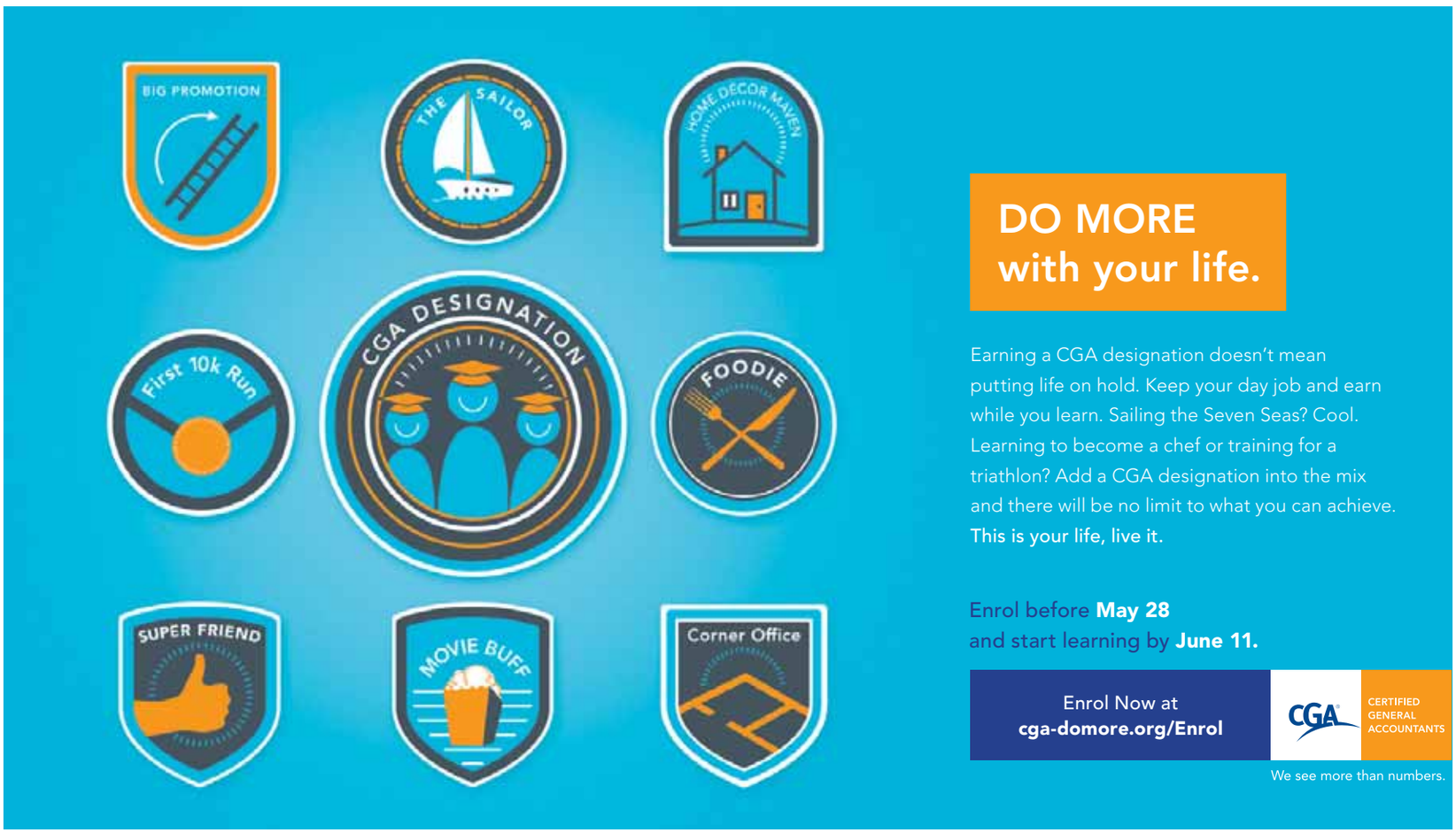
It wasn't immediately clear what happened to the trapped woman.

The fire came hours after the owner of the illegally-constructed building was captured Sunday at a border crossing with India.

THE ASSOCIATED PRESS

Relatives of missing workers in a building that collapsed on Wednesday hold pictures of their family members in Savar, near Dhaka, Bangladesh, on Sunday.

KEVIN FRAYER/THE ASSOCIATED PRESS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Showing solidarity?

More workers join Alta.'s jail guards in strike: Union

More provincial workers are joining Alberta's prison guards in a wildcat strike, according to their union, while the government counters that the union is spreading rumours and many guards are actually returning to work.

Tyler Bedford, a spokesman for the Alberta Union of Provincial Employees, announced Sunday that provincial sheriffs in Edmonton and Calgary will join the strike by hundreds of jail guards.

The sheriffs are members of the same AUPE local as the guards.

Justice and solicitor general spokesman Josh Stewart, however, said the number of pickets on Sunday dropped from the day before and that many guards across the province have heeded a labour board order issued Saturday that their strike was illegal. THE CANADIAN PRESS

Bank of Canada

Delay casts air of suspense over governor pick

With the announcement due in days, the overwhelming odds remain that second-in-command Tiff Macklem will be appointed the next governor of the Bank of Canada.

As the date approaches to Mark Carney's June 1 departure for London, some are asking what is taking so long to confirm the appointment. THE CANADIAN PRESS

British Columbia

Multiple fatalities after serious crash

Five people are dead following what one B.C. RCMP officer calls the worst car crash he's witnessed in 20 years.

Police say the crash occurred at an intersection not far from the U.S. border Sunday morning. It appears that a minivan sped through a red light.
THE CANADIAN PRESS

In the Playroom: Kids re-enacting tragic tales

Jonathan Hobin's latest controversial series. The Ottawa art photographer enlisted children to act out tragic public events

In one of Jonathan Hobin's newest provocative photographs, GOT HIM!, a marine with a toy gun shoots Osama bin Laden in a messy ketchup-blood scene beside a kitchen fridge. JONATHAN HOBIN/ THE CANADIAN PRESS

For Picasso's masterpiece Guernica, it was the German bombing of a Spanish town. For Ottawa art photographer Jonathan Hobin's Twins, it was 9/11.

Current events have always inspired art, and Hobin's latest instalment in his controversial series In the Playroom is an arresting modern example.

Each of his photos depicts children at play re-enacting tragic public events.

Hobin, 33, has portrayed familiar stories, such as a Halloween-inspired Abu Ghraib prison scene, a portrait of the late North Korean dictator Kim Jong-il and JonBenét Ramsey dressed in a pageant gown, among others.

Asked whether he would depict the recent Boston Marathon bombings, Hobin said such events need time to play out in the culture before he can consider reflecting the stories visually.

"It took probably about six or seven years before I did the 9/11 attacks. You kind of let the dust settle and see how it plays out," he said.

Hobin says the child models in his photographs are unpaid volunteers, and are either the children of friends and family, or models from agencies.

"I definitely would never have photographed a child unless I fully communicated what I was going to do," he said in an interview.

Parents "had to believe in what I was doing if I was going to photograph their child."
THE CANADIAN PRESS

Ask the Experts

Selling Your Gold Jewellery… But at What Cost?

This Ask the Experts segment will focus on what is a fair cost is for selling your gold and silver.

Consumers are used to paying a price for 'convenience'. Buying a litre of milk at the corner store usually comes with a cost for convenience. But would you buy all your groceries at there just because it was convenient? Not likely. So using that same logic, you wouldn't walk into any place and sell your unwanted gold and silver items, would you?

Just turn on the radio or open your local paper and you're bombarded by compa-nies screaming "TURN YOUR GOLD INTO CASH!" Amazingly, they all claim to pay "TOP DOLLAR". For all their flashy ads, these antique roadshows and coin collector companies are right about one thing - the skyrocketing price of gold has people wondering how much their gold is really worth.

Recycle Frog, an Ottawa-based gold and silver buyer, was founded by ex-Royal Canadian Mint employees. Their business is built on providing a new way to sell unwanted gold and silver jewellery without fear of being financially penalized.

Convenience shouldn't have to come at a hefty cost. Instead of penalizing their customers, Recycle Frog provides a convenient and financially rewarding way for consumers to sell their old gold and silver with payouts consistently 15-20% higher than the industry average.

Their customers appreciate the way they're treated from the time they call, right through to the friendly face they see during their expert material evaluation. It's that familiar and professional experience that really sets Recycle Frog apart from their 'competition'.

Attracting a new type of consumer required the creation of a new business model build on integrity, transparency and convenience. So that's exactly what Recycle Frog did.

For more information or to schedule an expert evaluation at their downtown office in the World Exchange Plaza (1150-45 O'Connor Street), please call 613.755.4030 or visit recyclefrog.com to find out about their public events.

If you've ever wondered how much that old or broken gold jewellery is really worth, then check out Recycle Frog. You'll be glad you did.

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2 officers shot outside Italian PM's office

Target. Shooting comes as Italy's new government is sworn in

An unemployed bricklayer shot two Italian police officers in a crowded square outside the prime minister's office in Rome Sunday just as Italy's new government was being sworn in, investigators said.

The gunman's intended targets were politicians, but none were in the square, so he shot at the Carabinieiri paramilitary police, Rome Prosecutor Pierfilippo Laviani told reporters, citing what he said were the suspect's own words.

Mired in recession and suffering from soaring unemployment, Italy has been in political paralysis since an inconclusive February election. Social and political tensions have been running high among voters divided between centre-left, conservative and anti-government political parties.

Alleged assailant

- Rome prosecutor Pierfilippo Laviani identified the alleged assailant as Luigi Preiti, a 49-year-old from Calabria, Italy, a southern agricultural area plagued by organized crime and chronic unemployment.

Sunday was supposed to be a hopeful day when the debt-ridden nation finally got a new government to solve its many problems. But shots rang out in Piazza Colonna near a busy shopping and strolling area shortly after 11:30 a.m., just as Prime Minister Enrico Letta and his new ministers were taking their oaths at the Quirinal presidential office about a kilometre away.

The shooting panicked tourists and locals in the square, whose centrepiece is a towering, second-century ancient Roman column honouring Emperor Marcus Aurelius. THE ASSOCIATED PRESS

French block of flats collapses

French firefighters remove the body of an unidentified victim from a building hit by an explosion that caused the collapse of its inside floors, in Reims, eastern France, on Sunday. A possible gas explosion ripped off the side of a five-story residential building in the country's Champagne region, killing at least three people and injuring 14 others, officials said. JACQUES BRINON/THE ASSOCIATED PRESS

Rejected

Prison interview with Omar Khadr overruled by Toews

A federal cabinet minister rejected a request for a prison interview with former Guantanamo Bay detainee Omar Khadr even though the warden gave it a green light — a move some are denouncing as extraordinary political interference.

Documents obtained by The Canadian Press under the Access to Information Act show the warden of Millhaven Institution, where Khadr is in maximum security, approved the interview request made by the news agency in January, only to be overruled.

The refusal came from the office of Public Safety Minister Vic Toews to Correctional Service Canada, records show. THE CANADIAN PRESS

Boston bombings

FBI investigating whether suspects got training: Lawmaker

The FBI is investigating in the United States and overseas to determine whether the suspects in the Boston Marathon bombing received training that helped them carry out the attack, the chairman of the U.S. House Homeland Security Committee said Sunday. Rep. Michael McCaul spoke a day after U.S. officials disclosed that Russian authorities secretly recorded a telephone conversation in 2011 in which one of the two brothers suspected in the attack, Tamerlan Tsarnaev, vaguely discussed jihad with his mother.

The father, meanwhile, said from Russia on Sunday he is postponing a trip to the U.S. because of poor health. THE ASSOCIATED PRESS

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Who's the space cadet on the new $5 bill?

Funny money. Dextre, Canada's extraterrestrial robotic go-to guy, rockets to fame on plastic notes — leaving focus groups scratching their heads

The Canadian Space Agency's robotic handyman, known as Dextre, ferries cargo from the Kounotori2 cargo ship to the International Space Station in this February 2011 file photo. Dextre will be featured on one of the Bank of Canada's new plastic notes. NASA/THE CANADIAN PRESS FILE

The Bank of Canada is set to unveil its latest plastic bank notes this week — but documents show some people found one of the new bills too "cartoonish" and the other too old-fashioned.

Focus groups consulted about the proposed images for the new bank-note series thought the space motif of the new $5 bill looked childish.

"There is a perception that the note looks 'cartoonish' or too child-like," says a 2009 report commissioned by the bank from The Strategic Counsel, obtained by The Canadian Press under the Access to Information Act.

Others were left scratching their heads over the depiction of Dextre, a Canadian robotic handyman on board the International Space Station. Some people wrongly assumed Dextre was the name of an astronaut shown on the bill, while others had no clue who the name referred to.

"Dextre is not recognized — although once explained, it is accepted as an element of Canada's contribution to space technology that should be kept," the report says.

"The image of the space station is not recognized. It is confused with a concept drawing."

But if some people were stumped by the space-age technology on the $5 bill, others complained the train on the new $10s looked too quaint.

THE CANADIAN PRESS

Trade

U.S. border fee not going to happen, congressman says

A truck carries vehicles to the U.S. over the Peace Bridge crossing in Buffalo, N.Y. THE CANADIAN PRESS FILE

A U.S. congressman says Canadians should not be overly concerned about a proposed border-crossing fee, saying it just isn't going to happen. Democratic representative Brian Higgins, from Buffalo, N.Y., told CTV's Question Period on Sunday that he has a lot of allies in the U.S. Congress who will stop any legislation that includes a fee.

Higgins, a member of the homeland security committee, has been a vocal critic of a proposed study on a border fee since it was spotted last week buried in the department's 2014 budget. THE CANADIAN PRESS

Nanticoke. U.S. Steel locks out workers at Lake Erie mill

U.S. Steel locked out almost 1,000 unionized workers at its facility in Nanticoke, Ont., Sunday, raising questions from employees about promises the company made to the federal government about continuing production in Canada.

The company shut the gates of its Lake Erie Works plant, located about 130 kilometres southwest of Toronto, at 9 a.m. just as it had warned it would, leaving hundreds of angry workers gathered outside.

"The gates are now closed on one of the most productive steel mills in North America, one of the most efficient steel mills in North America," said Bill Ferguson, president of Steelworkers Local 8782.

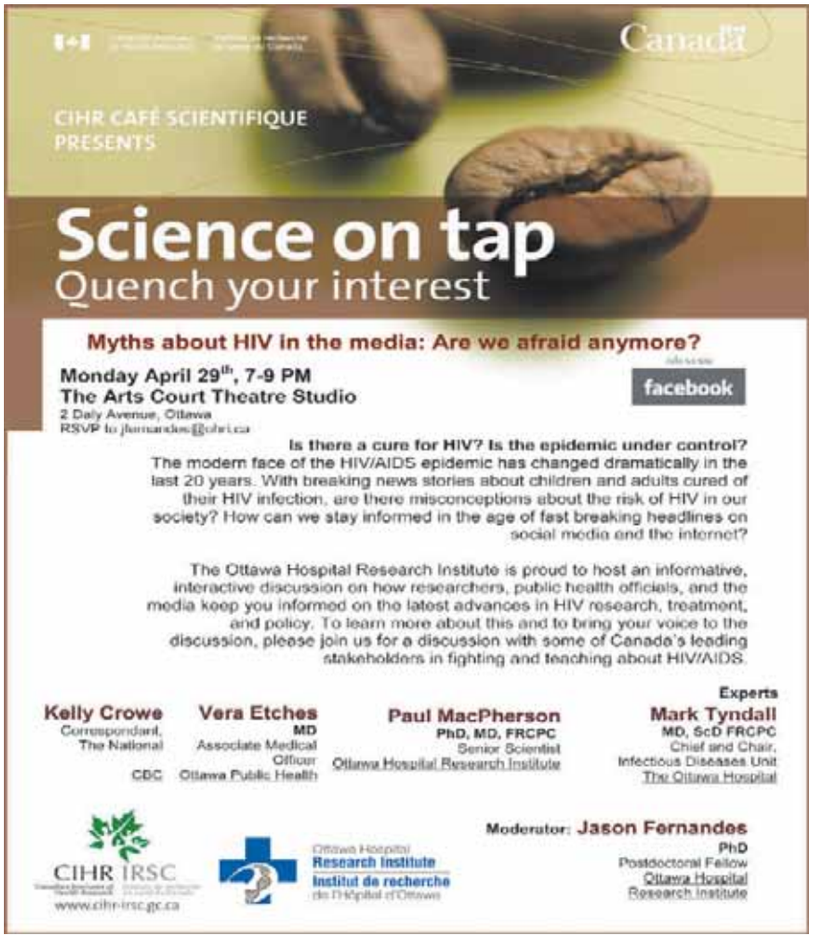
"From what we can see, production has been shifted to the United States."

The company did not immediately respond to a request for comment.

U.S. Steel makes steel for a number of operations from cars to building construction.

THE CANADIAN PRESS

The U.S. Steel logo is shown outside the firm's headquarters in downtown Pittsburgh, Pa., in this 2010 file photo. THE ASSOCIATED PRESS FILE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Bitcoin dealers navigating uncharted financial waters

Canadians buying and selling an emerging digital currency are running afoul of established banks and operating in uncharted territory for financial regulators.

"The Canadian government doesn't know what a Bitcoin is, doesn't recognize the Bitcoin, and there's no regulatory agency that knows what a Bitcoin is," said Joseph David, the owner of VirtEx.

His Calgary-based website lets Canadians trade Bitcoins through an online market similar to a stock exchange. David said the two-year-old company facilitated $15 million in transactions this year. But the company is one of several Bitcoin dealers struggling to navigate financial regulations that don't account for virtual currencies, and to cope with major banks shutting down their accounts without explanation.

The total value of all Bitcoins in circulation is about $1.5 billion, though the value has fluctuated wildly in recent weeks.

THE CANADIAN PRESS

Virtual currency

- Unlike traditional currencies such as the dollar, Bitcoins are not issued by a central bank, nor backed by a government. They are exchanged anonymously through a peer-to-peer network.

Beef industry to propose using irradiation

Steaks are displayed at a grocery store in this file photo. Canada's beef industry is about to ask the federal government to approve the use of irradiation in meat-processing plants to kill E. coli bacteria. Irradiation involves bombarding meat with radiant energy similar to X-rays. THE ASSOCIATED PRESS FILE

HOW THE CITY WORKS AGAINST ITSELF

URBAN COMPASS

Steve Collins
ottawa@metronews.ca

As a capital city, Ottawa is a multi-level governing scheme where it's not unusual to see federal, provincial and municipal priorities collide.

We witnessed another of these set-tos last week as the city government and the National Capital Commission wrangled once again over the route of the western LRT extension.

Working around the dispute over OC Transpo's use of the Sir John A Macdonald Parkway could drive up the cost of the project, and city staff warn that could take a bite out of the tight budget for other transit improvements.

Meanwhile, in Kanata, an environmental assessment is underway before the probable widening of area roads or building of new ones through the Stony Swamp Conservation Area.

The extra asphalt is meant to accommodate planned new suburban development in the area. The city projects that otherwise by 2031 traffic in the area will be unmanageable given the current split between transit and private automobile use. There doesn't seem to be much discussion of improving that split.

And this is how even a single level of government here can end up at cross purposes with itself. The City of Ottawa repeatedly touts the promotion of public transit (also walking and cycling) as a top priority, but the budget seems limited for everything but roads, of which we now have over 5,000 kilometres.

At Ecology Ottawa, policy director Trevor Haché sees the cost of our ever-expanding road system as a perpetual threat to other budget priorities. "Unless the city's going to basically say that they're going to raise property taxes, it's not clear to us where they're going to get the money to continue to operate and maintain all these roads," Haché said, "especially when they're adding new ones and widening existing ones."

The city's stated intent to coax people out of cars and onto transit, he points out, is undermined by perversely slapping a user fee on the latter but not the former.

"The city says it wants to encourage people to take public transit," he said. "At the same time, we have the most expensive cash fare for public transit in the country and the most expensive university pass in the country."

If you're driving, it's all you can pollute at no extra charge. Taxes pay the full shot for our ever-growing road system, and drivers pay no more to ramp up congestion and pollution. What do you suppose that encourages?

The Canadian government also promotes — sometimes — public transit, offering tax credits for bus passes, for example.

And so the announcement that three federal museums outside the downtown core will start charging for parking next month might annoy some visitors, but could also push them to take the bus.

That's a viable option for two of the three museums, the Agriculture Museum and Science and Technology Museum, which each enjoy pretty decent transit access. For the Aviation and Space Museum, however, thanks to yet another Ottawa-style pinch between different levels of government, you'd better get your timing right and plan on spending the day. OC Transpo service has been almost entirely cut to the museum. The only bus that goes there will drop you off at 9:41 a.m. and pick you up at 5:36 p.m.

ZOOM

Half military, half citizenry

ILYA PITALEV/2013 SONY WORLD PHOTOGRAPHY AWARDS

Pyongyang crowd picture wins award

"In Pyongyang, half the people I saw were army men, the other half were civilians." These words by Ilya Pitalev are perfectly illustrated by his shot of soldiers and citizens in Kim Il-sung Stadium. Pitalev won the current affairs category at this year's Sony World Photography awards for his images of North Korea. **METRO**

Q and A

A microcosm of North Korea

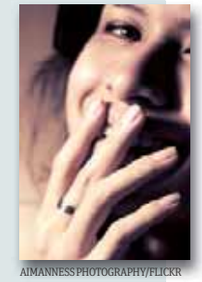
ILYA PITALEV
Photographer for RIA Novosti news agency, 42, from Moscow

How did you capture this striking juxtaposition?
The shot was taken inside Kim Il-sung Stadium. When the crowds first caught my eye, I could simply make out a geometric line dividing the people in two. There and then, I didn't think it was some profound or philosophical photograph — above all, it was a good, visual shot. But then after some time, I began to understand that the image reveals something about the country and its society.

What would you tell the world about North Korea?
That people there have their own celebrations in life and can find happiness. But they exist in a separate world, difficult for understanding from outside the country.

Clickbait

OK, it's time to mix up the 24-hour news updates, sports highlights and celebrity gossip that flood your Twitter feed, and incorporate some nonsensical, but punny accounts that pack their 140-character posts with something to snicker about.



AIMANNESS PHOTOGRAPHY/FLICKR

@Pundamentalism:

With puns such as, "Damn girl, you must be an English teacher, because when you're around I'm careful with the use of my colon," and, "If Satan loses his hair, there'll be Hell toupée," and other updates that vary between LQTMS and LOL, for example, "Thank-you for calling the Chronic Indecisiveness helpline. Please select one of the following 15 options," there isn't room for the mundane.

@SixthFormPoet:

If you can relate to self-deprecating humour with some intermittent cheesiness spliced into the mix, the Sixth Form Poet is just for you. With gems like , "'I'll have what she's having.' - Me, watching a woman having a nervous breakdown," and "'Never Eat Stolen Wheat.' - Moral compass," it's no wonder there is an entire book composed of these jokes.

@GSElevator:

This over-heard-in the Goldman Sachs' elevator account is a cross between the likely and the too-good-to-be-true. Employees are encouraged to email awkward moments. Here's one glimpse into the lives of the one per cent: "#1: Spent last night pouring champagne, feeding her dessert, & telling stories of my trip to Bhutan. I've never been to Bhutan." No need to envy the proverbial fly on the wall.

Tweets

Don Cherry said the men's locker-room is no place for a woman during his weekly Coach's Corner segment on Hockey Night in Canada Saturday night while discussing the controversy around Chicago Blackhawks defenceman Duncan Keith (whose comments to a female reporter have been called sexist).
Naturally, fans took to Twitter to comment. What's your stance? Let @metropicks know.

@therealmcguirkk: don cherry bang on with his comments last night... imagine a male reporter in a female changeroom with naked women..oh the atrocity #feminazi

@Jare_Bear16: Rons face when don says women shouldnt be in the changeroom.. lmao

@mrcanadiantech: Looks like Don Cherry said something again, but I have to agree with him on this one.

WE WANT TO HEAR FROM YOU:
Send us your comments: ottawaletters@metronews.ca

metro

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TV Briefs

Two and a Half Men losing cast?

CBS announced on Twitter last Friday that it's bringing Two and a Half Men back next season, but didn't address whether the full cast would return. The series stars Ashton Kutcher, Jon Cryer and Angus T. Jones as Cryer's son. Jones' character is serving in the Army this season and has been somewhat less visible on Two and a Half Men.

THE ASSOCIATED PRESS

Will Angus T. Jones return to Two and a Half Men? GETTY IMAGES

NBC renews five dramas

Television producer Dick Wolf will be busy next year. NBC said Friday that it has renewed five of its dramas for next season. Two of them — the long-running Law & Order: Special Victims Unit and Chicago Fire — are made by Wolf and his team. Revolution, Parenthood and Grimm were also given the guarantee that they will go on for another year.

THE ASSOCIATED PRESS

More Skinnygirl headed our way

Bethenny Frankel plans to expand her Skinnygirl line of wine and spirits and power bars to include more food products. "You'll definitely see Skinnygirl food," the former reality TV star said in a recent interview. "If it's something that I'm passionate about, if it's something that solves a problem for women in particular because that's who I connect with the most, and (it's) any product that I can improve upon or any problem that I can solve, then Skinnygirl will be attached to that."

THE ASSOCIATED PRESS

Panic Button premieres Tuesday on Space. HANDOUT

Who's afraid of a big, bad show?

Panic Button. New series pits people against their primal fears — and the only prize is bragging rights

What is your deepest, darkest innermost fear?

Participants come face-to-face with what scares them most in Panic Button, which premieres Tuesday at 10 p.m. ET on Space.

Volunteers are outfitted in red jumpsuits and helmets and invited to wander through a Big-Brother-style house of horrors in an environment that is Saw scary. Besides all manner of psychological terror, including being blindfolded, confined in tight spaces and wading through muck, they also have to endure live snakes, spiders and rats.

It all takes place in what was — appropriately enough — once a slaughterhouse in Toronto's West End.

This too-much-reality series features many slasher film motifs. Stark white rooms with No Exit stencilled on the wall above the entranceway give way to darkened, creepy corridors littered with hoses, wires and ankle-deep swill. At one point, players are confined in a standup metal booth the size of a coffin, which is then pushed through a wall of flames.

That's the easy part. Then the critters are unleashed. In some episodes, even Dobermans.

"This is psychotic," says one woman who braved her way to level three.

A disclaimer at the end tells viewers that "No harm was done to any animal" during the course of production. But what about the humans?

Players are given red, lit panic buttons they wear on their suits and can push the second it all gets too intense. The surprise in the pilot is who slaps theirs first and who holds out until the bitter end.

The strength of the series is all in the power of suggestion, says Jonathan Dueck (Destination Fear), one of two producers who gave reporters a walking tour of the creepy set.

Dueck explained that a disembodied voice (sounding like a woman with a slight British accent) gives participants seconds to follow commands. People are blindfolded and stripped of cellphones. Fifty per cent of the participants don't get past the first maze.

Women, reports fellow producer Kevin Healey (Scare Tactics), are more likely to be brave and proceed farther into the maze. Men are generally fraidy cats. "Guys are falling like fall leaves," says Healey.

There is a disturbing kinkiness to some scenes. Women are shown shackled in Plexiglas cages, arms in chains. A smaller Plexiglas box is lowered onto one woman's head. Snakes are then dumped into the box, slithering around her neck and right before her eyes.

Five participants in the first episode, between ages 19 and 31, are reduced to screaming swear machines as they wander about in the darkness. One is a music teacher afraid of snakes, another an amusement ride operator who hates rats.

One man, Kayvon, is a pharmaceutical sales rep described as "an ultra-competitive alpha male." He takes the challenge despite being "scared of bunny rabbits." One woman says she is doing this to prove to her young niece that she's "no scaredy cat."

All say they are doing this to overcome fears, but most must leave with vivid new nightmares. This series should be sponsored by an adult diaper company.

THE CANADIAN PRESS

Panic prerequisites

Participants are carefully tested and screened; people with heart conditions need not apply. All sign disclaimers the size of phone books. In what might be the scariest news of all, there is no prize money awarded for making it all the way through this chamber of horrors. "People just like to test their limits," says Healey, who sees his show as one big, psychological testing ground. "There are bragging rights to say you confronted your deepest fear and conquered it."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Justin Bieber and Selena Gomez. ALL PHOTOS GETTY IMAGES

Bieber and Gomez continue to play up their reconciliation

In what has to be the surest sign yet that Justin Bieber and Selena Gomez have rekindled their romance, the Canadian pop star posted a photo to Instagram over the weekend of himself hunched shirtless over his laptop with a squinty-eyed Gomez cosying up behind him, arms around his midsection.

And the caption his chose for the revealing photo he shared?

"'You've been makin' music for too long, babe. Come cuddle' — her."

And there's further speculation about just how long they've been back together, as the picture was taken before Bieber acquired the tiger tattoo on his bicep he debuted last week.

Martha Stewart

Martha Stewart finds online dating to be half baked

Martha Stewart once turned to online dating site Match.com to help her find a boyfriend — but she couldn't go through with it.

"I started laughing halfway down the page," she tells Matt Lauer in an interview. "It was, like, impossible."

But Stewart insists, at least, that if she does go through with an online dating profile, she wouldn't hide her identity.

"I want to do my real thing," she says.

The Word

McGowan is letting her hairstyle go to her head

THE WORD
Dorothy Robinson
scene@metronews.ca

The newly platinum blonde actress Rose McGowan says her look is giving her a toughness she didn't have before.

"Part of (going blonde) is because I've been told (brunettes) look accessible and pleasing to the men in L.A. so as not to scare them. But then I realized I always scare them so f— it — I'm just going to do whatever I want and I've always wanted short platinum blonde hair so screw it....The men in Hollywood aren't men — they're guys like (whispers) Judd Apatow."

McGowan says this last part while making a face to suggest that Apatow doesn't chop his own wood, and adds, "Real men are hard to come by."

McGowan is so fierce during our recent interview on the Rooftop Terrace at Gramercy Park Hotel, it is hard to believe that the whole point in her talking to me is to promote the limited edition rose wine, Apothic Rose.

"I only drink Rosé, isn't that funny?" she says in a way that makes me feel it isn't contractually obligated. "I like it ghetto style — I usually pop an ice cube in it to chill it and take the sweetness out of it."

If you can't tell by now, McGowan isn't afraid to let loose on the current battle of the sexes in Hollywood.

"It's all frat guys; they condone sexism. The execs and the agents. They are people who went to law school and it wasn't sexy enough ... It's not like they want to be a part of great film making or anything," she said.

Lindsay Lohan

Will it be one luxurious rehab or another?

With less than a week to go before she's set to begin a court-ordered 90-day rehab stay, Lindsay Lohan reportedly still can't decide on which facility to check herself into, according to E! News.

"It is too hard for her," a source says. "She doesn't know yet, and it's been really hard for her to decided. Time has caught up too soon, but nowhere has been decided."

Her two top choices reportedly include a facility in New York City and a luxurious retreat on the Caribbean island of Antigua that would run more than $70,000 for the three-month stay. Lohan is due to check in somewhere Thursday.

Gwyneth Paltrow

Paltrow's premiere proves revealing

While Gwyneth Paltrow has received high marks from fashionistas for the sheer side panels in the gown she wore to the Iron Man 3 premiere last week, not everyone was a fan of the underwear-free look, and the Oscar-winning actress tells Ellen DeGeneres that she was "humiliated" by the bad press the gown received.

"I kind of had a disaster. I was doing a show and I changed there and I ... couldn't wear underwear," Paltrow says of the decision to rock the look. "Let's just say everyone went scrambling for a razor."

Twitter

@kerrywashington
Heading to NYC for an especially fancy fashion fitting!

@ElizabethHurley
Six dogs staring hopefully at me-longing for a walk.

@lenadunham
It will shock no one to learn that twice a week I run to the garbage chute pantsless. I bore myself.

Book

Drunk Mom tells painful story

As the mother of a newborn, Jowita Bydlowska justified her drinking as research for a novel about alcoholism. The final result? A memoir about her own struggles with addiction.

Drunk Mom (Random House, $22.95) is an agonizing catalogue of Bydlowska's drunken parenting failures, filled with excruciating details like the fact that she kept a secret stash of bottles in her son's sock drawer.

"I'm told that I have a dark sense of humour," says Bydlowska. "I don't know if I did it consciously, but you need a bit of relief."

She also writes with piercing honesty about using Google to determine if her breast milk was safe to drink, hiding bottles of vodka in her son's stroller and fighting with her partner, author and newspaper columnist Russell Smith.

After three and a half years of sobriety, Bydlowska had a drink at a friend's wedding in Warsaw before she knew she was pregnant.

She relapsed into full-blown alcoholism with a glass of champagne following the birth of her son.

She does wonder about what her son will think when he reads the book. "I certainly have this idea of him being a 13- or 14-year-old and throwing it at the wall," she says.

"My hope is that he'll read it with an open mind and an open heart. It's a memoir, but it's also a form of (making) amends."

THE CANADIAN PRESS

Exclusively online

Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices

What to expect when you're expecting after the age of 35

Pregnancy.
Dr. Glade Curtis is a national authority on pregnancy. Now he turns his knowledge to the mid-30s set

NATALIE SHURE
Metro World News in New York City

As author of 18 books on women's and baby's health, Dr. Glade Curtis is a national authority on pregnancy.

A newly revised edition of Your Pregnancy: After 35 is the latest addition to the authoritative Your Pregnancy: Week by Week series, co-authored by consumer and family studies expert Judith Schuler.

The updates are geared toward an ever-increasing proportion of women who choose to have children in their mid- 30s and beyond.

What did you consider when updating this book?
I think it's critical, when people want information about their health and pregnancy, that the information is up-to-date. I looked at every part of it to add new information, including how the science has changed. I think one of the more exciting areas for this population of pregnant women is all of the things we're learning about genetics and genetic counseling.

What are the best parts about pregnancy at this age?
They're more informed, and they're more aware of potential risks and problems. They have taken good care of themselves — if you compare that to an 18-year-old who wasn't trying to get pregnant, then it becomes clear that we don't need to be scared to death of these pregnancies.

What do women find most useful about this book?
The most important thing is being armed with accurate information so that when they visit their doctors they can ask the appropriate questions. The other thing is reassurance. For any woman and any couple, being pregnant is scary — the book reassures women that these are normal things that are happening.

Women who are older than 35 are more aware of the potential risks that come with pregnancy. ISTOCK

What are some of the field's most important new medical advances?
One of the most exciting advances is all that has happened in ultrasound technology. Ultrasound has gotten so good, there are so many things we can do to evaluate the baby and help with the pregnancy.

What should expectant couples keep in mind during a pregnancy?
I think it's always important to remember to enjoy the miracle of birth. So, make sure you enjoy the excitement, the fun and the miracle of having a baby.

Before IVF, try these baby-making tricks

LINDA CLARKE
Metro World News in New York City

If you're having trouble conceiving, you're not alone.

Women's health expert Dr. Donnica L. Moore, a spokesperson for the Clearblue ovulation test, says that some problems in conceiving can be avoided. She and Dr. Victoria Maizes, author of Be Fruitful: The Essential Guide to Maximizing Fertility and Giving Birth to a Healthy Child gave us a preconception checklist.

Be patient
"Women erroneously think that once they stop taking birth control — voila! They will become pregnant. It can happen, but generally the hormones have to settle down," says Moore.

Mark your calendar
"There are four or five days when a woman is most likely to conceive," says Moore. "The time of ovulation and a few days before is when couples need to plan to have intercourse. That's where Clearblue come in. It checks the LH surge (a rise in luteinizing hormone, which happens right before ovulation starts)."

Enjoy sex
"Procreational sex is very different from recreational sex and it puts a lot of stress on couples. That stress makes you less likely to want to have sex, and it becomes a cycle," says Moore.

There are four or five days when a woman is most likely to conceive. ISTOCK

Ditch low-fat dairy — really!
"Whole-fat dairy products are associated with a lower risk of infertility. This may be due to the way the hormonal balance shifts when we remove milk fat to make low-fat milk product," says Dr. Victoria Maizes.

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Don't be fooled by some key words when ordering pizza.

Mrs. Vanelli's Roasted Vegetable Pesto Pizza (2 slices)

1200 calories/ 66 g fat
Vegetarian doesn't mean healthy. There's garlic spread and pesto, which are oil based, adding to the higher calories and fat. You're consuming three quarters of your daily calories and half your daily fat.

Equivalent

Two slices of Mrs. Vanelli's Roasted Vegetable Pesto Pizza are equal in fat to 11 McCain's Deep 'n' Delicious Three–Cheese Mini Pizzas.

Mrs. Vanelli's Hawaiian Pizza (2 slices)

860 calories/ 26 g fat
If you choose this pizza made with ham and cheese, you will save about 350 calories and 40 gm of fat.

Live Below the Line challenges people to live under the poverty line for five days, and to buy all the food and drink needed to survive during that time with just $8.75 a week or roughly $1.75 a day. Here is one recipe to help you take the challenge.

In the kitchen, below the line

IZABELA SZYDLO
life@metronews.ca

What do celebs like Ben Affleck, Hugh Jackman, Canadian actor Ennis Esmer, Osman 'Oz' Bey of CTV's The Listener and Carrie-Lynn Neals of CityTv's Seed have in common with thousands of Canadians and Americans? They're all taking part in the Live Below the Line challenge, during which participants spend just $8.75 a week or roughly $1.75 per day ($1.50 in the United States) on all daily food and drink from today to May 3.

The $1.75 per day mark is the Canadian equivalent of the poverty line and the goal of this challenge is to begin a national dialogue to change the way Canadians think about the choices made every day by those living in extreme poverty.

In addition to raising awareness by partaking in the challenge, Canadians are raising funds for four partner organizations: Cuso International, Spread the Net, RESULTS Canada and Raising the Village.

"Living on $1.75 per day is not about pretending to be poor," says Erin Deviney, Canadian campaign manager of Live Below the Line. "It's about raising awareness of the difficult choices 1.4 billion people must make to survive each day and supporting partner organizations combating poverty."

Chef John Placko of Modern Culinary Academy, one of Canada's top culinary consultants, and food stylist Christina Frantzis have created recipes to help Canadians with the challenge.

Ingredients

- 100 g linguine
- 1/2 Italian sausage, casing removed
- 1 white mushroom, halved and sliced
- 1 tbsp tomato paste
- Pinch of dried oregano

Linguine with Sausage and Mushroom Ragout

This dish costs $0.64 per person to make. MARTHA WEBER

Linguine with Sausage and Mushroom Ragout

1. Fill a medium-sized pot with water and bring to boil. Cook pasta according to package instructions then drain.

2. Add sausage to small pan and break it up while sautéing over medium heat until almost no pink remains.

3. Slice mushroom and add to a pan. Cook over moderate heat until softened.

4. Stir in tomato paste and reserved cooking water into sausage mixture and simmer until reduced by half. Add oregano and spoon sauce over pasta and enjoy. CHRISTINA FRANTZIS, FOOD STYLIST AND RECIPE DEVELOPER

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Y we could use some boomer wisdom

Take me to your senior. Learning from our elder leaders will only serve to benefit future business

YLVA VAN BUUREN
CareerBear.com

It is imperative that Gen Ys recognize the contribution of boomers, and by doing so they will hopefully pave the way for mutual respect. ISTOCK

The knowledge gap in the corporate world will widen if retiring baby boomers continue to do little to mentor younger workers, says Donna Stevenson, a business coach and recruiter who's studied the issue.

Stevenson surveyed 100 senior leaders and human resource managers across the country who told her baby boomers are reluctant to share their workplace expertise.

"This failure to pass on the torch will leave wastelands of organizational know-how as 50 per cent of baby boomers prepare to retire over the next seven years."

Since many senior management positions are held by boomers, and since the next group, known as Generation X (those born in the early '60s to early '80s), is too small to pick up the slack, it will be left to Generation Y (those born after the early '80s to 2000s) to do so.

"I was under the impression Generation Y didn't want to learn and that's not true at all," says Stevenson. "They want to move ahead. What we're pitching is the need for organizations to have a leadership legacy."

Her research also found that less than 25 per cent of companies have succession planning in place.

You got me all wrong

"I was under the impression Generation Y didn't want to learn and that's not true at all. They want to move ahead. What we're pitching is the need for organizations to have a leadership legacy."

Donna Stevenson
Business coach and recruiter

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.

The whys and the hows

Why are boomers less inclined to help younger workers? Here are four reasons that Stevenson's research identified, as well as how Gen Ys can overcome them and get a boomer boss to share their workplace expertise.

- **Boomers fear not being needed anymore.** Stevenson recommends younger employees use their technology related skills as bait. "Find boomers who are in roles you'd like and offer to help them learn social media skills, even if it's so they can communicate with their grandkids."
- **Boomers lack the time and resources to mentor.** Stevenson says what they're really saying is they don't know how to mentor. As a Gen Y employee trying to overcome this, get involved in a work project that will have a significant influence over the organization. By participating you're bound to at least pick up pointers from senior staff and perhaps even plant the seed for a mentoring relationship.
- **There's no mentoring motivation within the organization.** Gen Y subordinates should be more flexible in being available for senior leaders, says Burlington-based recruiter Claire Gibson. Try to find projects that you can collaborate on. Again, use your digital skills to turn boomers' heads.
- **There's no one in the organization worth mentoring.** This probably points to organizations that have poor mentoring cultures. Gen Y workers should try to find organizations that foster senior leaders who coach and guide. Ask during the interview process how the organization cultivates its mentors, says Gibson.

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Who new that a few extra clicks could label you 'the perfect candidate'? ISTOCK

I was matched to this job by a machine?

Aggregator agitation. An applicant tracking system may be rushing through your resumé, but there are ways to slow the system down

JANE BORDEN
Metro World News in New York

The job application process is shifting due to applicant tracking systems, which are online resumé aggregators that many nonprofit and corporate entities are using to weed through candidates. Trudy Steinfeld, assistant vice president and executive director of the NYU Wasserman Center for Career Development, helps you navigate the new system:

Talk to the robots (mostly)

Do: Maximize keyword searching

"Say they're looking for a candidate who's detailed, can communicate and is a good editor," Steinfeld says. "When they get resumés, they'll search the system for those keywords. If you don't have those words on your resumé, even if those skills are displayed differently, your resumé is likely not to be identified."

Don't: Go overboard

"I recently heard an interesting story: There were 10 openings in this company and one person's resumé was identified with every keyword search, though the jobs were completely different. The candidate included keywords for every job, made the text white [so it was disguised] and put the resumé over [that text]. They tossed the resumé when they learned of the stunt.

Old is new: Send a fax

"Especially when applying to small organizations, fax your resumé. Most offices still have a machine and — guess what? — it never rings," Steinfeld says. "I've noticed that in my own office, when the fax machine rings, people wonder, 'What could that be?' It could be your resumé. It sounds crazy, but the reality is, I test this out all the time with employers and they say, 'Yeah, if I get a resumé over the fax machine, I'm curious.' Say, 'I also sent this online, but I wanted to make sure it got into your hands.'"

Numbers game

Quantify your results

- **"If you've worked on a project and there are quantifiable results, provide the numbers," she says.** "Employers are into analytics; having an actual measure of your success can really help.

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Don't be ashamed to Google your name

Put your online persona in its place. Five important tips for managing your online reputation

JULIA FURLAN
Metro World News

Take it seriously
Treat your online profile as a professional asset and determine if it positions you the way you want it to. Google yourself often and see what the world sees when they look for you.

Commit to a professional online persona
You will be judged by what you post and what others do, too. Select a professional voice and spell-check your postings. Don't post or say anything online that you wouldn't want your grandmother or boss to see.

Monitor
Sign up for free, no-obligation alerts on a site that manages online reputations. Enter your name or other keywords and be alerted when potentially damaging materials are posted about you. At Reputation Changer, the technology crawls the "deep web" going beyond what search engines look at to see what dangers may exist.

Take proactive control
Commit to ensuring that the entire first page of Google's search results for your name or your company bring up websites or pages that you control.

1. Even a site like Yelp or Wikipedia portrays you in a particular way, so make sure you control the message.

2. Set your Facebook privacy settings so that nobody can tag you in a picture without your approval. Review the privacy settings of all the social media sites you use.

3. Create online assets using your exact personal and/or company name as the title (such as .com or .net). Use social media profiles and free blogs. Update and post to these pages consistently. The volume of activity required depends on how prominent you are. The more prominent you are, the more active you must be.

THESE TIPS WERE COMPILED BY MICHAEL ZAMMUTO, PRESIDENT OF REPUTATION CHANGER, A COMPANY THAT HELPS PEOPLE MANAGE THEIR ONLINE PERSONAS.

Get to typing!

The volume of activity required depends on how prominent you are. The more prominent you are, the more active you must be.

Michael Zammuto
President of Reputation Changer

Seeing some scary stuff on there? Get a grip on your Google results with some extra organization and care. ISTOCK

Damage control

Prepare for the worst and react fast

- **Proactively build up some messages that you can release if a negative news story breaks.** If you believe that people may post negative or embarrassing things about you, try to head it off, but expect that you cannot.
- **Once it is out there you can only react to it.** If you need to apologize, do that, but don't debate online because it drags out the conversation. Shift the conversation to the things that you want people to focus on.

Blue Jays bear brunt of Bronx Bombers' brooms

Yankee Lyle Overbay, background, rounds the bases following his home run off of Jays pitcher R.A. Dickey on Sunday in New York. GETTY IMAGES

MLB. Yankees overcome deficit for fourth straight game to record series sweep

The last time R.A. Dickey had been on a pitcher's mound in New York, Mets fans showered him with affection in September after he became the team's first 20-game winner in more than two decades.

When he returned Sunday with the last-place Toronto Blue Jays, he left dejected.

"Obviously I wish for a better result," he said after giving up a pair of home runs to the New York Yankees, who beat him 3-2 to complete a four-game sweep of the no-longer-fancied Blue Jays.

Dealt to Toronto after going 20-3 and winning the NL Cy Young Award, Dickey (2-4) already has lost more games this year than in all of 2012. The 38-year-old allowed three runs and four hits in seven innings, with four strikeouts and a walk. He's been slowed by soreness in his neck and back.

"If I have to battle it for a while, I'll battle it for a while until it goes away," he said. "It gets marginally better between starts. It's just that when I have to start it breaks down again."

Toronto (9-17) was swept in a four-game series in which it led every game for the first time since Sept. 19-21, 1995, at old Yankee Stadium. The Blue Jays were 4-for-24 with runners in scoring position in the series and struck out 37 times, including 13 Sunday.

"You want me to go out there and hit or something?" manager John Gibbons said. "I couldn't hit when I played."

Half of New York's hits on Sunday were homers.

THE ASSOCIATED PRESS

NHL

Panthers enter draft lottery with best odds to land No. 1

The NHL holds its draft lottery Monday night, and the Florida Panthers have the best odds of winning.

The draw will determine the order of selection for the first 14 picks of the league's amateur draft June 30. All 14 NHL teams that missed the playoffs have a shot at the No. 1 selection.

Florida finished with the fewest points in the NHL this season. It has a 25 per cent chance of winning the draw, followed by Colorado at 19 per cent and Tampa Bay at 14 per cent.

In previous years, the lottery-winning team could move up no more than four slots in the draft order. This year, the winning draw will draft first overall. The remaining 13 teams are slotted in reverse order of their regular-season point totals. THE CANADIAN PRESS

Sens win finale to set up Round 1 clash with Canadiens

Bruins forward Milan Lucic and Senators tough guy Chris Neil drop the gloves in the first period of Sunday night's regular-season finale at TD Garden. The Senators prevailed 4-2 on Jean-Gabriel Pageau's goal at 16:26 of the third period and, with the win, vaulted into seventh place in the Eastern Conference to set up a first-round clash with the Montreal Canadiens. With the loss, the Bruins will face the Toronto Maple Leafs. JARED WICKERHAM/GETTY IMAGES

NHL. Stars hire Nill to fill GM role, source says

The Dallas Stars have chosen Jim Nill to replace fired general manager Joe Nieuwendyk, a person familiar with the decision told The Associated Press.

The person spoke on condition of anonymity Sunday night because the move hadn't been announced.

Dallas fired Nieuwendyk on Sunday after four seasons with and no playoff appearances.

THE ASSOCIATED PRESS

The Dallas Stars fired GM Joe Nieuwendyk on Sunday GETTY IMAGES

Hockey

Canada tops U.S. to capture U-18 title

Canada has ended four years of American dominance at the world under-18 men's hockey championship.

Frederik Gauthier's second-period goal was the winner as Canada rallied past the United States 3-2 to win the world title. The Americans outshot the Canadians for all three periods 35-12. THE CANADIAN PRESS

NHL. Stamkos joins Canadian squad for worlds

Steven Stamkos is the biggest name on Canada's roster for the men's world hockey championship.

Canada announced the names of 22 players committed to its 25-man roster on Sunday.

Stamkos will be the star of the offence after finishing second in the NHL in goals (29) and points (57). The event starts Friday in Helsinki and Stockholm. THE CANADIAN PRESS

Tampa Bay Lightning forward Steven Stamkos GETTY IMAGES

4 SPORTS

Heat light up Bucks in 4-0 sweep

Chris Bosh of the Miami Heat puts in a reverse dunk against the Milwaukee Bucks in Game 4 of the Eastern Conference quarter-finals Sunday in Milwaukee. The Heat won 88-77 to sweep the series 4-0. JONATHAN DANIEL/GETTY IMAGES

NBA playoffs.
Miami earns milestone without Dwyane Wade, who will have at least a week to rest a bruised knee

LeBron James can cross another item off his to-do list.

James scored 30 points, Ray Allen had another big game against his old team and the Miami Heat got their first playoff sweep in the Big Three era, advancing to the Eastern Conference semifinals with an 88-77 victory over the Milwaukee Bucks on Sunday.

"It was our next big step as far as our growth," James said.

Faith in King James

"We just space the floor and see if they can stop him. If not, he knows where we are."

Miami Heat guard Ray Allen on his teammate LeBron James

"It's so hard to win on the road in the playoffs, in someone's building — especially when someone is playing for their last life. It's a big step for us."

And now the Heat have some much-needed time to rest. Dwyane Wade sat out Sunday's game, only the second post-season game he's missed in his career, because of his aching right knee. But with Miami not playing until next Saturday, at the earliest, he'll have plenty of time to treat the three bone bruises that caused him to miss six games near the end of the regular season.

Miami plays the winner of the Brooklyn-Chicago series. The Bulls lead that series 3-1, with Game 5 on Monday night in New York.

"It's big," Wade said of the time off. "Obviously, we're one of the oldest teams in the league, maybe the oldest team in terms of rotation players. Guys have some bumps and bruises coming out of this series, so it's going to be great to get some rest. But also we have to take this time to continue to stay sharp, to continue to stay in shape, as well."

Celtics vs. Knicks

Jason Terry scored Boston's last nine points and the Celtics weathered a strong comeback by the New York Knicks, avoiding a sweep with a 97-90 overtime win on Sunday.

- Paul Pierce led the Celtics with 29 points as they forced a fifth game in the series.
- Carmelo Anthony led the Knicks with 36 points.
- Game 5 is Wednesday night in New York, where the Knicks can win their first playoff series in 13 years.

Judging by the clinical way in which the Heat dissected the Bucks in this series, that isn't likely to be a problem.

The defending NBA champions won each game by double digits, getting contributions from their stars and subs alike. THE ASSOCIATED PRESS

NBA

Michael Jordan wedding draws sports elite

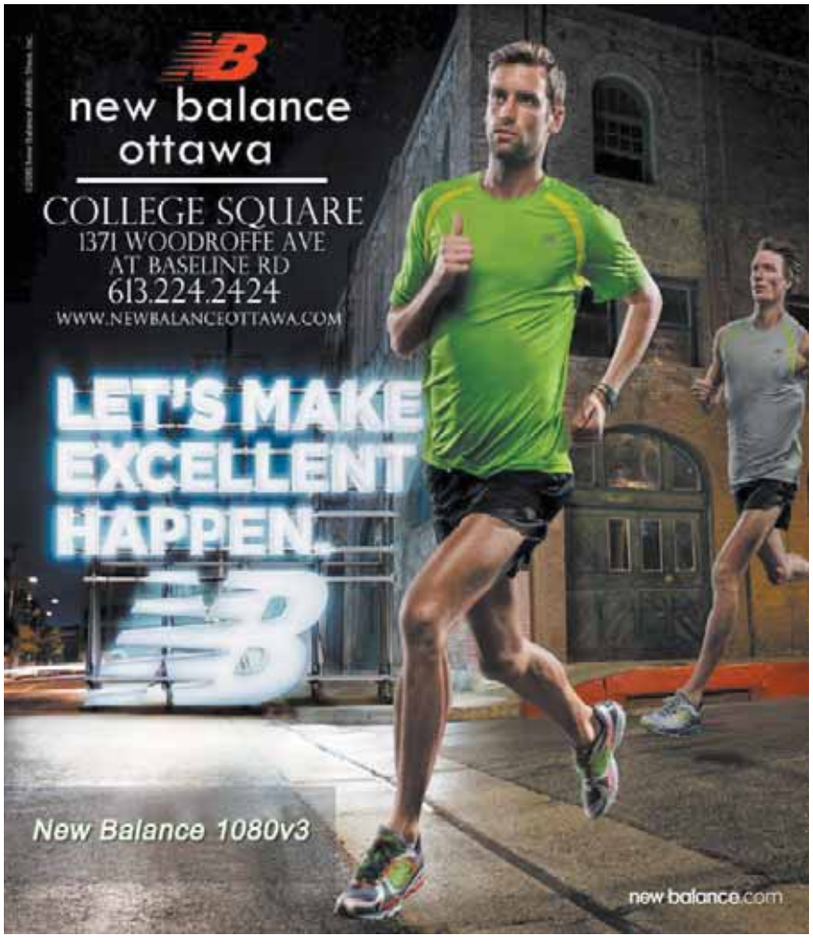
Michael Jordan got married over the weekend in front of a few hundred of his family and closest friends.

The Charlotte Bobcats owner exchanged vows with 35-year-old former model Yvette Prieto on Saturday in Palm Beach, Fla., Jordan's manager Estee Portnoy told The Associated Press Sunday

The wedding took place at the Episcopal Church of Bethesda-by-the-Sea with nearly 300 guests in attendance, including Tiger Woods, Patrick Ewing, Spike Lee and Ahmad Rashad.

The ceremony was followed by a reception at the Bear's Club in Jupiter, Fla., a luxurious private golf club designed by Jack Nicklaus. Jordan, 50, owns a home near the course.

The six-time NBA champion and Prieto met five years ago and were engaged last December. THE ASSOCIATED PRESS



NBA PLAYOFFS

CONFERENCE QUARTER-FINALS

(Best-of-7; All Times Eastern)

EASTERN CONFERENCE

MIAMI (1) VS MILWAUKEE (8)
(Miami wins series 4-0)
Sunday's result
Miami 88 Milwaukee 77

NEW YORK (2) VS BOSTON (7)
(New York Leads 3-1)
Sunday's result
Boston 97 New York 90 (OT)

INDIANA (3) VS ATLANTA (6)
(Indiana leads series 2-1)
Monday's game
Indiana at Atlanta, 7:30 p.m.

BROOKLYN (4) VS CHICAGO (5)
(Chicago leads series 3-1)
Monday's game
Chicago at Brooklyn, 7 p.m.

WESTERN CONFERENCE

OKLAHOMA CITY (1) VS HOUSTON (8)
(Oklahoma City leads series 3-0)
Monday's game
Oklahoma City at Houston, 9:30 p.m.

SAN ANTONIO (1) VS L.A. LAKERS (7)
(San Antonio leads series 3-0)
Sunday's result
San Antonio at L.A. Lakers

DENVER (3) VS GOLDEN STATE (6)
(Golden State leads series 2-1)
Sunday's result
Denver at Golden State

L.A. CLIPPERS (4) VS MEMPHIS (5)
(Tie 2-2)
Tuesday's game
Memphis at L.A. Clippers, 10:30 p.m.

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
dx-Pittsburgh	48	36	12	0	0	165	119	72
dx-Montreal	48	29	14	3	2	149	126	63
dx-Washington	48	27	18	3	0	149	130	57
x-Boston	47	28	13	3	3	129	105	62
x-Toronto	48	26	17	0	5	145	133	57
x-NY Rangers	48	26	18	0	4	130	112	56
x-NY Islanders	48	24	17	4	3	139	139	55
x-Ottawa	47	24	17	2	4	112	102	54
Winnipeg	48	24	21	0	3	128	144	51
Philadelphia	48	23	22	1	2	133	141	49
New Jersey	48	19	19	3	7	112	129	48
Buffalo	48	21	21	2	4	125	143	48
Carolina	48	19	25	3	1	128	160	42
Tampa Bay	48	18	26	1	3	148	150	40
Florida	48	15	27	5	1	112	171	36

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
dx-Chicago	48	36	7	0	5	155	102	77
dx-Anaheim	48	30	12	3	3	140	118	66
dx-Vancouver	48	26	15	1	6	127	121	59
x-St. Louis	48	29	17	1	1	129	115	60
x-Los Angeles	48	27	16	1	4	133	118	59
x-San Jose	48	25	16	3	4	124	116	57
x-Detroit	48	24	16	3	5	124	115	56
x-Minnesota	48	26	19	1	2	122	127	55
Columbus	48	24	17	3	4	120	119	55
Phoenix	48	21	18	3	6	125	131	51
Dallas	48	22	22	3	1	130	142	48
Edmonton	48	19	22	4	3	125	134	45
Calgary	48	19	25	1	3	128	160	42
Nashville	48	16	23	3	6	111	139	41
Colorado	48	16	25	5	2	116	152	39

x - clinched playoff berth; **y** - division; **z** - conference.

Sunday's result
Ottawa at Boston
Saturday's results
NY Rangers 4 New Jersey 0
Philadelphia 2 Ottawa 1
Washington 3 Boston 2 (OT)
Detroit 3 Dallas 0
Montreal 4 Toronto 1
Florida 5 Tampa Bay 3
Columbus 3 Nashville 1
Pittsburgh 8 Carolina 3
Minnesota 3 Colorado 1
St. Louis 3 Chicago 1
Edmonton 7 Vancouver 2
Phoenix 5 Anaheim 3
Los Angeles 3 San Jose 2

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	18	7	.720	—
New York	15	9	.625	2½
Baltimore	15	10	.600	3
Tampa Bay	12	13	.480	6
Toronto	9	17	.346	9½

CENTRAL DIVISION

	W	L	Pct	GB
Kansas City	13	8	.619	—
Detroit	12	10	.545	1½
Minnesota	11	10	.524	2
Chicago	10	14	.417	4½
Cleveland	8	13	.381	5

WEST DIVISION

	W	L	Pct	GB
Texas	16	9	.640	—
Oakland	14	12	.538	2½
Seattle	11	16	.407	6
Los Angeles	9	15	.375	6½
Houston	7	18	.280	9

Sunday's results
N.Y. Yankees 3 Toronto 2
Boston 6 Houston 1
Tampa Bay 8 Chicago White Sox 3
Minnesota 5 Texas 0
Kansas City 9 Cleveland 0
Oakland 9 Baltimore 8 (10)
Seattle 2 L.A. Angels 1
Atlanta at Detroit
Cleveland at Kansas City
Monday's games
All times Eastern
Houston (Harrell 2-2) at N.Y. Yankees (Pettitte 3-1), 7:05 p.m.
Minnesota (Pelfrey 2-2) at Detroit (Scherzer 2-0), 7:08 p.m.
Cleveland (Jimenez 0-2) at Kansas City (Davis 2-1), 8:10 p.m.
L.A. Angels (Hanson 2-1) at Oakland (Straily 1-0), 10:05 p.m.
Baltimore (Britton 0-0) at Seattle (Saunders 1-3), 10:10 p.m.

NATIONAL LEAGUE

Sunday's results
Miami 6 Chicago Cubs 4
Philadelphia 5 N.Y. Mets 1
Cincinnati 5 Washington 2
Pittsburgh 9 St. Louis 0
L.A. Dodgers 2 Milwaukee 0
Arizona 4 Colorado 2
San Diego 6 San Francisco 4

Horoscopes

♈ Aries
March 21 - April 20
It's not like you to be so openly affectionate but someone seems to have fired up your passion. Whatever the reason for the sudden upsurge of loving feelings it's something you should do more often.

♉ Taurus
April 21 - May 21
There are so many wonderful aspects operating in your favor now that all things are possible. Wishes you made in the past that came to nothing WILL come true this week.

♊ Gemini
May 22 - June 21
If you need to give your self-confidence a boost ask a friend what they think of your latest creative project. Most likely they will praise it to the skies and your ego will go through the roof too.

♋ Cancer
June 22 - July 23
What a loved one tells you today may be interesting but you would be wise not to take it too seriously. It could be that they have been mislead, so check the facts carefully.

♌ Leo
July 24 - Aug. 23
You could meet someone interesting today, but only if you make the effort to get out and about. You could also be the beneficiary of a stroke of good fortune you probably don't deserve.

♍ Virgo
Aug. 24 - Sept. 23
If you make a few small and apparently insignificant savings now you won't have to make so many major sacrifices later on. As a Virgo you are supposed to be organized.

♎ Libra
Sept. 24 - Oct. 23
Tell someone how you feel about them today — provided, of course, your feelings are warm and generous. Don't put it off a moment longer.

♏ Scorpio
Oct. 24 - Nov. 22
You may want to help a colleague who clearly is in need of assistance but if you have already helped them several times in the recent past maybe you should let them suffer. It may be the only way they learn.

♐ Sagittarius
Nov. 23 - Dec. 21
You are in an unusually loving mood at the moment and long may it continue. However, don't be so loving that you forget that not everyone shares your natural generosity.

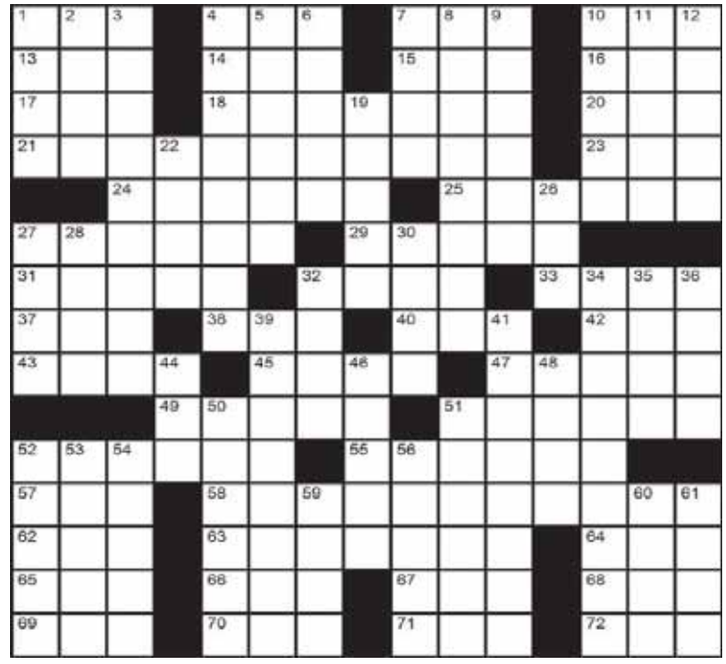
♑ Capricorn
Dec. 22 - Jan. 20
You may be unsure of your abilities but others have faith in you and will go out of their way to show it today. If they ask you to get up in front of an audience be brave and do it.

♒ Aquarius
Jan. 21 - Feb. 19
You seem to be everyone's favorite Aquarius at the moment, but don't let it lull you into a false sense of security. You still have some big issues to deal with and some big rivals to overcome.

♓ Pisces
Feb. 20 - March 20
The next few days are going to be very busy indeed, not only in body but in mind as well. New ideas will grab your attention and new opportunities will tempt you to try something different. So try. SALLY BROMPTON

Crossword: Canada Across and Down

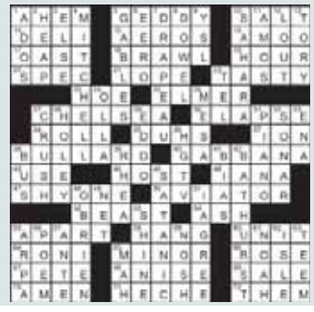
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. _∑∑_ Cosmetics
4. Tee-__ (Chuckle)
7. Opera singing style, __ canto
10. Tub
13. Texting point-of-view
14. Crawling plant
15. Iron's partner
16. 'Percent' suffix
17. Wetland
18. __ Triangle
20. Company name abbr.
21. New Brunswick's provincial capital
23. Headed
24. __ Globetrotters
25. Crunchy veggie
27. Canadian actor Henry of ABC's "Revenge"
29. Milk carton size
31. Raccoon-like animal
32. Dean Martin's nickname
33. Twirled
37. Pay-when-received [acronym]
38. House siding material, for short
40. Airport screen abbr.
42. Maritime workers' org.
43. "__ __ Excited" by The Pointer Sisters
45. Overlook
47. Master of ceremonies
49. Safety __ (Accessibility aids)
51. Bicycle wheel parts
52. Residential area
55. On the beach
57. 'Cond' completer (Excuse)
58. Telemarketing workplaces: 2 wds.
62. Thespian's verb
63. Garden's latticework
64. Little devil
65. Boring routine
66. 'Glycer' suffix
67. 'Mod' suffix
68. Ms. Peeples
69. Barn abode
70. Lettuce variety
71. Some univ. degrees
72. Axl Rose's rock gr.

Down
1. Annoy
2. Actress Ms. Ferrera, for short
3. 1993 Dan Aykroyd comedy in which he reprised his Beldar character from "Saturday Night Live"
4. Offshore oil platform in the Jeanne d'Arc Basin of Newfoundland's Grand Banks
5. The __ Brothers
6. High nest [var. sp.]
7. Boxing match
8. George Clooney, on TV: acr. + wd.
9. More svelte
10. Montreal's Place __ Marie
11. Adjust
12. Toy bear
19. Old Rome's 1951
22. Dash
26. WKRP employee
27. Gladiator's 301
28. Move quickly
30. __ the finish: 2 wds.
32. Toss away
34. __ Nuclear (Generating station east of Toronto)
35. 1997 Peter Fonda title role
36. Rob Roy's refusals
39. Guy __ and His Royal Canadians
41. Answers: French
44. Q. "What's the 21st letter?" A. "Hmmm... either T __ __."
46. "Love __ __ you need." - The Beatles
48. Beetle Bailey creator Mr. Walker
50. North Pole's __ Ocean
51. Canadian actress Ms. McCarthy
52. Goes parasailing
53. Not-mowed grass
54. Actress Ms. White
56. _ __ 7 (Brit pop group)
59. Some brand name jeans
60. Scale with one sharp, _ __.
61. Box

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

7		5				3		4
	9		8		4		2	
4			9		3			5
		6	4		9	2		
		4	7		2	1		
1			3		8			6
	7		2		6		4	
3		9				8		2

Friday's Sudoku

7	2	8	9	6	1	3	4	5
4	3	1	2	8	5	6	7	9
5	9	6	7	4	3	8	1	2
6	8	3	5	1	7	2	9	4
9	4	5	6	2	8	7	3	1
2	1	7	4	3	9	5	8	6
1	5	4	8	7	2	9	6	3
3	7	2	1	9	6	4	5	8
8	6	9	3	5	4	1	2	7

Today
16°/11°
Cloudy

Tuesday
19°/10°
Cloudy

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